

55thEKF Senior Championships

Baku, Azerbaijan 25-29 March 2020



BULLETIN Nr. 2



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1 Initial Greetings

1.1 President of the European Karate Federation

The 2020 European Championships is set to be one of the most thrilling events in the history of our sport. The tournament to be held in Baku (Azerbaijan) from March 25 to 29 will not only crown the best Karate athletes of the year in Europe. It will turn out to be one of the most important competitions in the road to the Olympic Games Tokyo 2020.



Included in the Olympic qualification process and providing decisive

points in the quest to Tokyo 2020, the 55th edition of the European Championships will be a unique opportunity to demonstrate the abilities and the sporting spirit of Karate as the Olympic debut of our sport gets closer and closer.

What's even more relevant, the European Championships in Baku will be the last event before the anticipated date of April 6, when the first Olympic karatekas will be confirmed by ranking. It will be the last chance for European athletes to be in Tokyo 2020.

I would like to take the opportunity to thank the Azerbaijan Karate Federation and its president Yashar Bashirov for their courage in organising such a first-class event. I am sure that the best athletes in the continent will find the best conditions to show their exceptional abilities in Baku.

Best of luck to all the participants and organisers and a big "Oss" to all of you Karate fans.

Antonio Espinós

President of the European Karate Federation



1.2. President of the Azerbaijan Karate Federation

Dear Friends,

It is a great honor for me, on behalf of the Azerbaijan National Karate Federation, to welcome you to the 55th European Senior Karate Championships in Baku, Azerbaijan.

We successfully hosted the European Junior & Cadet Championships in Baku in 2012. With great expectation and excitement, we look forward to the start of the 55th European Championships in Baku, which will be held on the eve of the XXXII Summer Olympic Games in Tokyo. I would like to note the importance of this event, which will differ from other championships, as it is the last qualifying tournament for athletes who want to attend the Olympics.



Baku is a historical city where you will find a wide range of cultural and entertainment events that will make your stay unforgettable. This is a city that has a great sports tradition and an excellent sports infrastructure. The 1st European Games held in Baku in 2015, the 4th Islamic Solidarity Games in 2017, as well as the World Championships in Judo, Wrestling and Rhythmic Gymnastics, the European Championships in Gymnastics, the Champions League football matches and the Formula 1 Grand Prix each left their indelible mark on the sports world. The venue of the European Championships, The National Gymnastic Arena, can be considered the banner-bearer for sports in the city. Our organizing committee will do everything possible to provide the best conditions and to make this event successful and memorable for all. Be assured that you will feel at home.

We would like to thank the WKF and its president, Mr. Antonio Espinós, for their support in organizing these championships. Importantly, we wish to express our most sincere gratitude to Mr. Ilham Aliyev, the President of Azerbaijan, and the President of the National Olympic Committee of Azerbaijan, for his contribution and assistance in the development of our sport.

We look forward to your arrival in Baku. Enjoy all that we can offer you. We wish you achieve excellent results.

See you in Baku.

Yashar Bashirov

President of the National Karate Federation of Azerbaijan



2 Baku

2.1 About Baku

Welcome to Azerbaijan! This is the Land of Fire and the Pearl of the Caucasus, a land where eastern colours combine magnificently with western progress. Azerbaijan is a country of unique nature, unmatched culture, centuries of history with its customs and traditions; a place which will satisfy the expectations of the most sophisticated gastronomists; and finally, it is the country of Caucasian hospitality and friendliness.

Baku, capital of Azerbaijan, sits on the shores of the Caspian Sea. This is the city where past and present are intricately intertwined.

Its UNESCO-listed Old City is ringed by burgeoning new skyscrapers yet, barely a few hours' drive away, timeless rural villages are backed by the soaring Caucasus mountains. Eclectic architecture – combining historical heritage of the east and west with iconic contemporary buildings – makes Baku one of the most beautiful cities in the world.

Baku is firmly established as a key city on the world stage. Open and tolerant, it is a global centre for intercultural dialogue and cooperation, regularly bringing together political, cultural, sport and religious leaders from around the world.

Baku has also hosted landmark international events, such as the Eurovision Song Contest 2012, the first-ever European Games in 2015, the Islamic Solidarity Games in 2017 and, annually since 2016, the Formula 1 Azerbaijan Grand Prix, 2019 European Youth Olympic Festival.

Baku has a population of about 2.3 million. The official language of the country is Azerbaijani, however Russian, English, and colloquial Turkish are widely spoken across the country, with the English language growing in popularity mostly in big cities.



Monuments and other interesting sites

Civil architecture

- National Museum of History of Azerbaijan
- Nizami Museum of Azerbaijani Literature
- Maiden Tower
- Down Town
- Yanar Dağ (burning mountain)



Religious architecture

- Bibi-Heybat Mosque
- Taza Pir Mosque
- Heydar Mosque
- Juma Mosque

Other interesting sites

- Flame Towers
- Heydar Aliyev Center
- Carpet Museum
- Baku Boulevard
- Nizami str.

3 How to get to the Championships

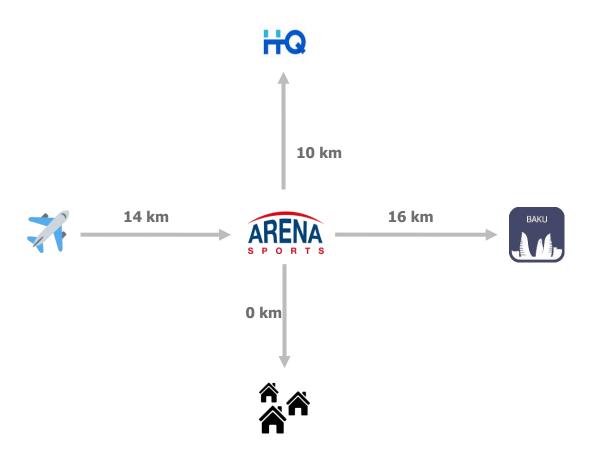
Azerbaijan is located at the crossroads of Western Asia and Eastern Europe. It is bounded by the Caspian Sea – the biggest Lake in the world.



3.1 Flight

There are more than 30 airlines which fly to Azerbaijan

Baku's international airport is **Heydar Aliyev International Airport.**



3.2 Bus



Duration: 20 minutes aprox. to Athletes village.





4 Accommodation

4.1 Hotels – Athletes Village



Accommodation is in a residential area in Baku, Azerbaijan. Although it was



initially constructed as a residential area, after its opening, it served as an Olympic (Athletes) Village during the 2015 European Games and 2017 Islamic Solidarity Games.

It consists of 13 10–16-storey apartment buildings and one administrative building. There are 1042 apartments that can house approximately 7,500 people.

There are two big restaurants in the Olympic Village. One of them cooks the dishes of the Azerbaijani cuisine, while another one cooks the dishes of the European cuisine. Both of these restaurants can receive up to 3,000 people at the same time and they work from 5 AM to 12 PM. There are numerous special

centres – polyclinic, information centre, gym and more – in the Athletes Village. There are 24-hour centres for leisure and entertainment.

The Competition arena (National Gymnastics Arena) is located on the opposite side of the Athletes Village.



Distance to competition venue: Walking distance Address: Heydar Aliyev Avenue 117, Baku

PLEASE NOTE: The OC recommends to all NF teams to book their accommodation in the Athletes Village. During the period of the competition there will be national holidays in Azerbaijan and the majority of the roads will be



closed or filled with cars and it will make it difficult for being at the venue on time

Secondly, the Athletes Village has many privileges:

- It is the closest living place to the Sport Arena (in the days of competition and other days)
- It is a safe, close and unique residential complex;
- There is Food & Beverage available in the village;
- Ensured towels, all bathrooms items, housekeeping services every day;
- Internet, 24 hours of technical service;
- Entertainment area (tennis etc);
- No problems with the traffic jams and additional charges for it.

4.1.1 Headquarters Hotel – BOULEVARD HOTEL BAKU AUTOGRAPH COLLECTION





Boulevard Hotel Baku Autograph Collection is located in the heart of Baku White City district, along one of the main routes connecting the city centre with Heydar Aliyev International Airport. Upscale comfort awaits in family-friendly hotel rooms, showcasing luxury bedding, free Wi-Fi and panoramic sea views. Energize in our well-equipped fitness centre or refresh in the waters of our heated indoor pool. Celebrate and succeed in flexible event spaces, designed for flawless meetings, conferences and social affairs in Baku. The largest convention hotel in Azerbaijan, Boulevard Hotel Baku features 38,933 sq ft of elegant meeting spaces, including a magnificent pillar-free ballroom. Discover an exhilarating hotel stay in one of Azerbaijan's most elegant destinations, perfectly placed along the glittering Caspian Sea.

Distance to competition venue: 10 km

Address: Khagani Rustamov Street 4C, Khatai District, Baku



4.2 Hotel Rates

The table below show prices in EUROS (€) per person and night.

HOTEL	Cat.	Bed & Breakfast		Half Board			Full Board			
HOTEL		Single	Double	Triple	Single	Double	Triple	Single	Double	Triple
Boulevard Hotel	5*	85€	50€	-	114€	79€	-	143€	108€	-
Athletes Village		45€	35€	30€	58€	48€	43€	71€	61€	56€

4.2.1 RESERVATION, PAYMENT AND CANCELLATION POLICY

RESERVATION: NOTES:

- Confirmation subject to availability at the booking request.
- Reservations on request. To ensure the best possible accommodation for all athletes of a nation, please make your reservations till **3rd March**
- Please note that the places are limited.
- Reservations must be made by the online booking tool, please find below the e-mail: karatebaku2020@pashatravel.az

PAYMENT POLICY:

- 50 % of the total amount must be paid to confirm the booking by 5th of February 2020
- 30 % of the total amount before 7th of March 2020
- Remaining balance before 15th of March 2020
- It is very important to make the payments in the dates fixed in order to confirm your reservation.



CANCELLATION POLICY:

Boulevard Hotel Autograph Collection Hotel:

- Until 25th of January, 2020: Up to 50% of the total rooms booked can be cancelled without cost. No refund for the remaining 50% of booking.
- Between 25th January to 5th March: Up to 20% of the total rooms booked can be cancelled without cost. No refund for the remaining 80% of booking.
- Between 5th of March to 15th of March: Up to 10% of the total rooms booked can be cancelled without cost. No refund for the remaining 90% of booking.
- After 15th March: 100% of penalty will apply to the full booking.

4.3 Official Travel Agency

Address: Pasha Travel LLC Tel: +99412 404 10 90

E-mail: <u>karatebaku2020@pashatravel.az</u>



5 Event Schedule

Tuesday 24th March - HQ Hotel				
09:00 - 11:00	EKF Executive Committee meeting	Nobel Lounge fourth floor		
10:00 – 15:00	Registration for Delegations	Nagiyev 1 - 2		
10:00 - 11:00	EKF Medical Commission meeting	Neftchiler		
11:00 - 12:00	EKF Anti-Doping Commission meeting	Neftchiler		
12:00 – 14:00	EKF Technical Commission meeting	Neftchiler		
14:00 – 15:00	EKF Referee Commission meeting	Neftchiler		
15:00 – 18:00	EKF Congress	Tagiyev 1		
16:00 – 17:00	TM & TMAS Meeting	Neftchiler		
16:30 – 17:30	Open Draw All Coaches	Tagiyev 2		
17:30 – 18:30	Licence Renewal Examination	Neftchiler		
19:00 – 20:00	EKF Referee Briefing	Tagiyev 2		

	Thursday 26th March - HQ Hotel	
10:00 – 18:00	Para-Karate Athletes Classification Session	Nagiyev 1 - 2
19:30 - 20:30	Para-Karate Coach Meeting	Nagiyev 1 - 2



6 Competition Information

6.1 Categories

Individual categories

Individual Kata (age +16)

Female Male Male
Individual
Kumite
(age +18)
-60 Kg.
-67 Kg.

-75 Kg. -84 Kg. +84 Kg. Female Individual Kumite (age +18)

-50 Kg. -55 Kg. -61 Kg. -68 Kg. +68 Kg.

Team Categories

Team Kata (age+16)

> Female Male

Team Kumite (age +18)

Female Male

Para - KarateCategories

Male (age +18)

Wheelchair Athletes

Visually Impaired

Intellectually Impaired

Female (age +18)

Wheelchair Athletes

Visually Impaired

Intellectually Impaired



6.2 Age

Allocation to age category is determined by the age of the athlete at the first day of the entire championships. This means competitors must have the eligible age by **25**th **of March 2020**.

6.3 Competition Programme

6.3.1 Eliminations

COMPETITION SCHEDULE BAKU 2020

Wednesday 25th March 2020 (4 Tatamis)

	Weigh - In
10:00 - 11:00	Weigh-in Female All Categories
11:00 – 12:30	Weigh-in Male All Categories
	Kata Individual - Eliminations - Performances
10:00 – 12:30	Male & Female
	Kumite Individual - Eliminations
12:30	Female + 68 Kg
13:30	Male + 84 Kg
14:30	Female - 68 Kg
15:30	Male - 84 Kg
16:30	Female -61 Kg
17:30	Male -75Kg
	Kumite Individual - Repechages
18:30 - 19:30	Male & Female - All Categories



Thursday 26th March 2020 (4 Tatamis)

	Kata Team - Eliminations - Performances
10:00 - 11:30	Male & Female (4 Tatamis)
	Kumite Individual - Eliminations
11:30	Male - 67 Kg
12:30	Female - 55 Kg
13:30	Male - 60 Kg
14:15	Female -50 Kg
	Kumite Individual - Repechages
15:15	Male & Female - All Categories
16:00 - 20:00	Kumite Team Male - Previous matches-until 16 teams
10.00 - 20.00	Kumite Team Female - Previous matches-until 16 teams

Friday 27th March 2020 (4 Tatamis)

10:00 - 12:00	Kumite Team Male - Eliminations
11:30 - 12:30	Kumite Team Female - Eliminations
13:00	Kumite Team - Repechages
15:00	Para Karate All Categories (including Bronze medals)
17:00	OPENING CEREMONY

6.3.2 Bronzes and Final Bouts

Saturday 28th March 2020

	BRONZE MATCHES
09:30 - 09:45	Kumite Female +68Kg
09:45 - 10:00	Kumite Male +84Kg
10:00 - 10:15	Kumite Female -68Kg
10:15 - 10:30	Kumite Male -84Kg
10:30 - 10:45	Kumite Female -61Kg
10:45 – 11:00	Kumite Female – 55Kg
11:00 – 11:15	Kumite Male -75Kg



	FINALS
12:00 - 12:08	Kumite Female +68Kg
12:08 – 12:15	Kumite Male +84Kg
12:15 – 12:25	Medals Award
12:25 – 12:33	Kumite Female -68Kg
12:33 – 12:40	Kumite Male -84Kg
12:40 – 12:48	Kumite Female -61Kg
12:48 – 13:05	Medals Award
13:05 – 13:13	Kumite Female -55Kg
13:13 – 13:20	Kumite Male -75Kg
13:20 - 13:30	Medals Award
13:30 - 13:50	Para Karate - Kata Male & Female — Intellectually Impaired
13:50 - 14:05	Medals Award
	BRONZE MATCHES
45.00 45.45	

	BRONZE MATCHES
15:30 – 15:45	Kata individual Female
15:45 – 16:00	Kata individual Male
16:00 – 16:15	Kumite Male -60Kg
16:15 – 16:30	Kumite Female -50Kg
16:30 – 16:45	Kumite Male -67Kg
16:45 – 17:30	Kumite Team Female

	FINALS
18:00 - 18:08	Kata individual Female
18:08 - 18:15	Kata individual Male
18:15 – 18:25	Medals Award
18:25 – 18:33	Kumite Male -60Kg
18:33 – 18:40	Kumite Female -50Kg
18:40 - 18:48	Kumite Male -67Kg
18:48 – 19:05	Medals Award
19:05 – 19:30	Kumite Team Female
19:30 - 19:50	Para Karate - Kata Male & Female - Blind & Visually Impaired
19:50 – 20:05	Medals Award



Sunday 29th March 2020

	BRONZE MATCHES
09:00 - 09:30	Kata Team Male
09:30 - 10:00	Kata Team Female
10:00 - 11:10	Kumite Team Male
	FINALS
12:00 – 12:15	Kata Team Male
12:15 – 12:30	Kata Team Female
12:30 – 12:45	Medals Award
12:45 – 13:20	Kumite Team Male
13:20-13:50	Para Karate - Kata Male & Female - Wheelchair Athletes
13:50 - 14:10	Medals Award
14:15	CLOSING CEREMONY

Note: In the bouts for bronze medals and finals, male coaches are required to wear a dark suite, shirt and tie while female coaches may choose to wear a dress, pantsuit or a combination of jacket and skirt in dark colors.



6.4 WKF Approved Items

Only WKF Approved Trademarks for sports items will be permitted.

WKF APPROVED COMPANIES

SPORT PROTECTIONS "WKF Approved"		
BRAND	CONTACT INFORMATION	
adidas	DOUBLE-D/ADIDAS GLOBAL LICENSEE FOR MARTIAL ARTS & BOXING 22 allée du 1er mai – 77183 Croissy Beaubourg - France Tel: +33.1.64.73.00.03 Email: nicolas.poy-tardieu@doubled.fr Website: http://www.combat- sports.net/en/	
ARAWAZA.COM	ARAWAZA 724, Chemin des Anglais Mascouche (QC) J7L 3R6, CANADA Phone: + 1 450 477 4410 Fax: +1 450 477 4400 E-mail: sales@arawaza.com www.arawaza.com	
BESTSPORT MADE FOR KARATE	BEST SPORT Ltd. BEST SPORT Klimkov Sport S.R.O. Ve Zlibku, 1800/77, Horni Pocernice, 193 00 Praha 9 Tel: +7 906 211 3070 E-mail: world@bestsportwkf.com www.bestsportwkf.com	
BUDO NORD CLASSIC	BUDO & FITNESS SPORT AB Staffanstorpsvägen 115 232 61 Arlöv SWEDEN Tel. +46-(0)8-673 33 50, +46-(0)40-94 88 88 E-mail: info@budofitness.se, info@sbisport.se https://budo-nord.com/ -	





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Web: www.daedo.com

email: marketing@daedo.com



BUDOLAND

Am Grießenbach 8

83126 Flintsbach, GERMANY Phone: +49 (0) 8034 909900 Fax: *49 (0) 8034 9099011 E-mail: info@budoland.de www.budoland.com



PUNOK

704 S. State Rd 135 Suite D # 227 Greenwood, IN 46143

JSA

Telephone number: 1800 517 2790 Email:punokworld@gmail.com



SHUREIDO TOKYO OFFICE

1F 2-23-4 NakanoNakano-kuTokyo, Japan

Postal code:164-0001 Tel No: + 81 3 5342 3051 FaxNo: + 81 3 5342 3052 Email: shureido@viola.ocn.ne.jp http://shureido-karate.com



Sports Master Athletic International (SMAI)

Postal Address – 93 Jardine Street, Fairy Meadow, NSW, 2519, Australia Telephone - +61 (2) 42834363 Fax - +61 (2) 42855512 Email – <u>info@smai.com.au</u>

Website - www.smai.com





TATAMIS "WKF Approved"		
BRAND	CONTACT INFORMATION	
PROGIME TATAMI BY TROCELLEN	TROCELLEN Italia S.p.A. Via Schiavonesca Nuova 8 31040 Volpago del Montello (TV) Italy Phone: +39 0423 8735 Fax :+39 0423 621434 Email: lcodato@trocellen.com www.progame-tatami.com	
TatamiX®	TATAMIX srlcr Via Don Pedrinelli 48 24030 Carvico (BG) Phone: +39 039 6888492 Fax:+39 035 4362212 Email: info@tatamix.it www.tatamix.it	





For further information concerning the WKF homologated items please visit: https://www.wkf.net/karateprotections/



6.5 Venue:





Address: Heydar Aliyev Avenue 108 /AZ 1029, Baku

FACILITIES:

- Multi-purpose court
- Warm up hall
- Anti-doping room
- Medical room
- Referee & Officials Room
- Weight Control Room
- Press Conference
- VIP boxes
- MIX zone
- Changing rooms
- Seating for 5.000 9000 people
- Sewing Room

6.6 Tickets

The tickets for the championships will be free. The Host NF will make the special invitations for the guests.

Note: Kindly ask spectators make a seat reservation before the 15th of March to: karatebaku2020@gmail.com

Secondly, kindly ask to the foreign spectators look at 8.1 point for the visa issues.



6.7 Training Facilities— Bookings

The OC will provide the National Federations, who submit the relevant applications in due time, with a place and time for training. The application must be **received before 5**th **March.**

Transportation to the training area will only be available from the official hotels.

For organizing and booking the transport from the hotel to the training facilities, you can contact the Official e-mail: karatebaku2020@pashatravel.az

Type of vehicle	Capacity	Daily use	Price for AVL to TA	Price for HQ to TA
Mercedes Travego	50-55	8 hours	380 EUR	420 EUR
Neoplan Cityliner	45	8 hours	350 EUR	390 EUR
Mercedes Sprinter	15	8 hours	250 EUR	290 EUR
Mercedes Viano	6	8 hours	130 EUR	170 EUR

For any additional time it will be calculated 40 euro per hour.

For booking the Training Facilities, please contact the OC: karatebaku2020@gmail.com

Please fill the training application form at the end of the bulletin.

First come first serve policy will apply.

7 Registrations

7.1.1 Online Registration - General information for all athletes

Online registration can be made from 20th December 2019 until 11th March 2020 under the following link:

Online registration will be on the link: https://www.sportdata.org/wkf/set.php?id=383

7.1.2 Onsite Registration & Accreditations

The registration session will take place at the HQ Hotel Room: Nagiyev 1 - 2 on Tuesday 24th March from 10:00 to 15:00.



A "fast lane" will be available for countries with no changes to their online registration and having already paid the corresponding fees. Countries failing to meet these requirements are likely to have longer waiting times.

Each participating country is requested to provide 2 national flags and a CD with the national anthem during registration.

7.1.3 Specific information for Para-Karate athletes

Registration

The registration is done via Sportdata on: https://www.sportdata.org/wkf/set.php?id=447

The registration can only be confirmed if the Medical Diagnosis Form (MDF) and consent form are submitted by email to the EKF Headquarters at ekf@ekf.com.es

Medical Diagnostic Forms and Consent Form

The necessary certificates can be found in the following links:

Wheelchair Athletes: https://www.wkf.net/pdf/mdf wheelchair.pdf

Visually Impaired: https://www.wkf.net/pdf/mdf_athletes_visual_impairments.pdf

Intellectually Impaired: https://www.wkf.net/pdf/mdf intellectually impaired athletes.pdf

Athlete Evaluation Consent Form:

https://www.wkf.net/pdf/athlete evaluation consent form.pdf

Coaches

Three coaches can be registered for Para-Karate per Nation.

Every Para-Karate athlete can be accompanied by a personal assistant during their performance in the field of play.

Coach and assistants accompanying Para-Karate athletes MUST register together with their delegation at the onsite registration session (Tuesday 24th March from 10:00 to 15:00 at HQ Hotel).

Para-Karate athletes per category

Every nation has the opportunity to register three Para-Athletes per category. In total, 18 athletes can be called by each nation.



In each category, at least four athletes must be registered. Otherwise the competition for the concerned category will not take place. Please note that there will be no merging of categories.

Classification Session

Classification in Para-Karate consists in an extra point compensation depending on the influence of the particular impairment when performing the Kata. Detailed information can be found in the Para-Karate regulations: https://www.wkf.net/pdf/rules/WKF-Para-Karate-Rules.pdf

Please, check the rules to ensure that the athlete presents at least one of the mentioned eligible impairments which have to be proven by the MDF.

Registered Para-Karate athletes must present themselves for a mandatory onsite Classification Session performed by qualified personnel before the championships. The Classification Session will therefore be performed on Thursday 26th March from 10.00h to 18.00h in Room Nagiyev. A timetable for the session will be published while registration.

Attendance to the Classification Session is obligatory, without a participation in the such event it is not possible to take part in the championships.

Following documents have to be provided at the classification session:

- Accreditation of the athlete
- ID card or Passport of the athlete
- Original MDF as provided prior with the registration
- Diagnostic Report as described in the MDF for Intellectual Impairments as provided with the registration

All athletes must use the same sportswear and equipment for classification as they use during competitions.

Concerning athletes with visual impairments, no extra testing will be performed during the classification session. Nevertheless, the athletes have to show up to the classification with the documents mentioned above for verification of their disability. Extra points will be given based on the Medical Diagnostic Form.

Rules

WKF Para-Karate Rules in force will apply, for more information, please visit: https://www.wkf.net/pdf/wkf-para-karate-rules.pdf



Anti-Doping

In compliance with WKF Anti-Doping Rules and WADA, Para-Karate athletes will be subject to any eventual testing. In any Para-Karate athlete would need a Therapeutic Use Exemptions (TUE), please contact your National Anti-Doping Organization for further details and recognition. The duly recognized TUE at national level will then have to be duly communicated to the WKF.

7.1.4 Media / Press

Press accreditations will only be issued to professional journalists working for a bona fide mass media who are able to present proof of their credentials.

The link for online registration of press is: https://www.sportdata.org/wkf/set.php?id=383

The EKF owns all the rights pertaining to TV issues of the European Karate Championships.

8 Additional Information

8.1 VISA Requirements for foreign citizens

All VISAs can be requested online on https://evisa.gov.az/en/ - kindly ask you to follow the link and get acquainted with the VISA rules. OC suggests to all NFs to register between the 1st February and the 1st March, 2020.

Note: If you need VISA support with the additional fee, you can contact our official travel agency by e-mail: visa@pashatravel.az

8.2 Opening Hours (Shops / Pharmacies)

Opening times: Most of the shops and shopping centers are open from 09.00 to 20.00 or 23.00 in the evening. Traditional shops open from 10.00 to 23.00 hours.

How to pay: Most people pay in cash or with a credit card (available almost in all shops).

Tax free: desk is opened at **the Heydar Aliyev International Airport**. If you are not a citizen or resident of the Republic of Azerbaijan, you can quickly claim refund of the amount of value-added tax by presenting your passport and other necessary documents on the purchased goods.



8.3 Currency

Azerbaijan currency is the Manat (Λ).

Currency Converter Link: http://www.xe.com/en/currencyconverter/

8.4 Electricity

In Azerbaijan the power sockets are of types C and F. The standard voltage is $230\ V$ and the frequency is $50\ Hz$

8.5 Language

Official language in Azerbaijan is Azerbaijani. All representatives of OC speak English. Local population also speak basic English, Russian and Turkish.

8.6 Time

GMT+4

8.7 Weather

March usually has some windy but pleasant, cold days. The average maximum temperature in Baku in March is 20° C and the average minimum temperature is 6° C.

8.8 Insurance

In compliance with WKF Rules, it is obligatory for all the participants and members of the participating delegations have their own medical and personal trip insurance. The Azerbaijan Karate Federation and the European Karate Federation as well as the Organizing Committee assume no liability or responsibility for the lack of insurance from participants and members of the delegations. The head of the delegations have to sign the enclosed terms of responsibility and return it by 15th of January 2020 the latest.



8.9 Communication

To call Azerbaijan from abroad you have to dial the international code 00, followed by the Azerbaijan country code 994.

Example: 00 994 50 500 08 68.

Or "+" and Azerbaijan country code 994, than number.

Example: +994 50 500 08 68

8.10 Important Phone Numbers

112/103 – Emergencies / Ambulance

102 – Police



9 Reservation Forms

9.1 Training Area Form

National Federation:			
Hotel:			
Contact Person:			
Mobile			
Email			
Monday	08:00 - 10:00	Tuesday	08:00 - 10:00
Monday	10:00 - 12:00	Tuesday	10:00 - 12:00
Monday	12:00 - 14:00	Tuesday	12:00 - 14:00
Monday	16:00 - 18:00	Tuesday	16:00 - 18:00
Monday	18:00 - 20:00	Tuesday	18:00 - 20:00
Number of competitors		•	,

The deadline to finalize the booking will be on **05.03.2019.**

Send back the form to: <u>karatebaku2020@gmail.com</u>



9.2 Transfer Service Form

TYPE OF VEHICLE	MAXIMUM CAPACITY	From Airport Heydar Aliyev to Athletes village	From Airport Heydar Aliyev to Boulevard Hotel — HQ Hotel
Economy sedan	3	60€	80 €
Mercedes Sprinter	15	95€	135€
Neoplan Cityliner	45	240€	320€

Notes:

Extra charges will apply for any additional waiting time.

For daily use of any car you can order it at: karatebaku2020@pashatravel.az

Transportation will be arranged according to the number of participants in your delegation and the rates will count **for one way.** In case you require any extra service, please contact the organizers.

Shuttles on an hourly basis between the hotel and the venue will be free of charge for the teams staying in the official hotels.

For booking transfer services, you can contact: <u>karatebaku2020@pashatravel.az</u> before 1st March.

National Federation	
Responsible Person	
Mobile	
Email	
Hotel Selection	



Arrival date 1		Arrival date 2	
Arrival time		Arrival time	
Arrival flight number		Arrival flight number	
City of departure		City of departure	
Number. of persons		Number of persons	
Departure date 1		Departure date 2	
Departure time		Departure time	
Departure flight number		Departure flight number	
City of destination		City of destination	
Number of persons		Number of persons	
Request Dinner	YES		NO



9.3 Catering Form

- The Azerbaijan Karate Federation will provide meals for delegations wishing to have **lunch at the venue**, during the five days of the competition
- The price is **10 euros per person per meal**.
- There is availability of a limited number of tickets for meals at the Sports Hall.
- Tickets will be available for sale with **deadline 10th March**.
- The lunch voucher will be delivered at the Registration room.
- Please, take note that after 10th March it will not be possible to acquire the lunch vouchers. And it will not be possible to purchase them during the Championships.

FEDERATION:				
CONTACT PERSON:				
PHONE NUMBER:				
E-MAIL:				
Date	Number		Price	Total
25th March		X	€	€
26th March		Х	€	€
27th March		X	€	€
28th March		X	€	€
29th March		Х	€	€



PAYMENT AND CANCELLATION POLICY

BENEF.PASHA Travel LLC

ADRESS: 15 Yusif Mammadaliyev Str, Baku, Azerbaijan AZ1005

BANK: PASHA Bank

IBAN: AZ82NABZ0135010000000071944

SWIFT: PAHAAZ22

Reference: CATERING + National Federation

Essential: Copy of the bank transfer and the booking form filled by email:

karatebaku2020@pashatravel.az and karatebaku2020@gmail.com

Bank transfer costs will be supported by the sender.

Please, take note that the 100% deposit will be compulsory to confirm the service. Cancellation policy:

Before 1 st March	No cancellation fee
From 1 st March onwards	100% cancellation fee



9.4 Terms of responsibility

Terms of responsibility

To be filled, signed and sent back before 13th of January 2020

The undersigned, as the Chief of Delegation of my country, duly enrolled to participate in the 55thEuropean Senior Karate Championships, which will be held in Baku, Azerbaijan, from 25thto 29th of March 2020, with full knowledge of the Statutes, the Rules and the Norms of the EUROPEAN KARATE FEDERATION, pledge myself to faithfully accomplish the regulations of this before mentioned entity.

I take any and all administrative, civil and criminal responsibilities of whatever happens to our athletes, coaches and other members of our delegation participating in this championship, before, during and after the competition, such as physical injuries, personal expenses, or monetary debts and casual material damages to the hotels, the venue, means of transportation etc.

Furthermore, I exempt from any legal, civil or criminal responsibilities the organizers of the Championships, the EKF and the Karate Federation of Azerbaijan, its directors, as well as any person, company, or entity related to the event (sponsors, public and private entities). I authorize the organizers of the event to use images, photos and the names of our competitors and other members of our delegation (since it is considered necessary) for the sport activities and publications of karate, related to the event, without monetary compensation.

Country/ Nation:
Surname, First Name:
Passport number & expiration date:
Credit card number & expiration date:
Federation position:
Address:
Phone:
Email:
Date & place:
Signature:

Fill in, stamp, sign and send to: karatebaku2020@gmail.com



10 Contact details

10.1 Azerbaijan Karate Federation

Address: H.Aliyev ave. 96a Tel: 994-12-4654272

e-mail: karatebaku2020@gmail.com